

Boundary Waters Outfitters

Exclusive Canoe Trip Outfitting Menu

Boundary Waters Outfitters uses high quality, fresh and freeze dried foods from Cache Lake's Foods and Zups Market. We pack the same foods when we're camping as found in our menu, so you know we have selected the tastiest morsels for you to choose from. To custom design your menu, place either an "x" or the desired number of days you would like that meal next to each item your group selects. Meals may be selected more than once. Every member of the party eats the same meal. This Menu is just for the food that will be packed for your trip. **The First Breakfast is for the first morning on trail, not the continental breakfast before your trips begins!**

Party Name: _____ Number of People: _____ Trip Dates: _____

Dietary Restrictitons: _____

Pleased Note: Your first breakfast and last dinner are not included with your food provisioning. Most trips begin after breakfast the first morning and return before dinner the last day.

Beverages

Coffee:

How many people drink coffee? ____ AM ____ PM

Coffee Choice

____ Ground Coffee - Reg.

____ Instant Coffee - Reg.

Coffee Fixins' - Choose Total # of Packets for Trip

____ Sugar

____ Sweet and Low

____ Creamer Packets

Other Beverages: Choose total # of serving per trip

____ Hot Chocolate

____ Lipton Tea Bags

____ Hot Cider

Bread (for lunches requiring bread)

____ Pitas (reccomended, no smooshing)

____ Tortillas (reccomended, no smooshing)

____ Wheat Bread

____ Wheat Bread

Snacks

____ Granola Bars

____ Cookies (Oreos)

____ Trail Mix

____ Raisins

____ Marshmallow/S'mores

Staples (These are packed unless you specify otherwise)

Cooking Oil Salt & Pepper

Dish Soap & Scrubbies Matches

Toliet Paper Garbage Bags

Breakfast

____ First Breakfast **Only** (Second Day)

Fresh Eggs, bacon, hashbrowns, tortillas, juice

____ Northwoods Scrambled eggs, hashbrowns, juice

____ Biscuits & Gravy, hashbrowns, juice

____ Hearty Buttermilk Pancakes, maple Syrup, juice

____ Hearty Blueberry Pancakes, maple Syrup, Juice

____ Hot Oatmeal with fruit, juice

Lunch

____ Trail Mix, beef jerky, juice

____ Tuna & Crackers with Cheese, snack, juice

____ Peanut Butter & Jelly, snack, juice

____ Summer Sausage w/ Cheese & Crackers, snack, juice

____ Salami Sandwiches, snack, juice

____ Hotdogs, buns, ketchup, mustard, snack, juice(**first day only**)

Dinner

____ **First Night Only**

____ USDA Sirloin Steak

____ Boneless Chicken Breast Fillet

With: mashed potatoes, corn, hot apple dessert, juice

____ **Chicken Noodle Casserole** - Delicious white chicken with tasty vegetables in rich gravy over tender noodles, chocolate pudding, juice

____ **Chicken Ala King With Rice**- Savory cream sauce over tender white chicken with veggies and rice for a tasty entree, chocolate pudding, juice

____ **Beef Stroganoff** - Classic recipe tangy sour cream & tender chunks of beef over tender noodles, hot apple cobbler, juice

____ **Beef and Gravy** - Fluffy mashed potatoes and Chunks of smothered in a hearty gravy, vanilla pudding, Juice

____ **Campfire Pizza** - Pitas covered in savory tomato sauce, topped with cheese and pepperoni.

____ **Fresh Fish** (provided you catch the fish)

____ Fish Breading ____ Lemon Juice ____ Tarter Sauce

____ Mash Potatoes ____ Chocolate Pudding

(Select the items you want with your fish dinner)

____ **Spaghetti** - Savory tomato sauce with beef flavored Bits and tender pasta for a filling meal, hot apple

____ **Macaroni & Cheese** - Delicious three cheese sauce over macaroni noodles, vanilla pudding and juice

____ **Chili** - Hearty chili with red beans and beef flavored bits, chocolate pudding, juice

Please email this menu to: info.bwoutfitters@gmail.com and include party name in subject line (ex: Smith Party Menu)