

Boundary Waters Outfitters

Exclusive Canoe Trip Outfitting Menu

Boundary Waters Outfitters uses high quality, fresh and freeze dried foods from Cache Lake's Foods and Zups Market. We pack the same foods when we're camping as found in our menu, so you know we have selected the tastiest morsels for you to choose from. To custom design your menu, place either an "x" or the desired number of days you would like that meal next to each item your group selects. Meals may be selected more than once. Every member of the party eats the same meal. This Menu is just for the food that will be packed for your trip. **The First Breakfast is for the first morning on trail, not the continental breakfast before your trips begins!**

Party Name: _____ Number of People: _____ Trip Dates: _____

Dietary Restrictitons: _____

Pleased Note: Your first breakfast and last dinner are not included with your food provisioning. Most trips begin after breakfast the first morning and return before dinner the last day.

Beverages

Coffee:

How many people drink coffee? ___ AM ___ PM

Coffee Choice

___ Ground Coffee - Reg.

___ Instant Coffee - Reg.

Coffee Fixins' - Choose Total # of Packets for Trip

___ Sugar

___ Sweet and Low

___ Creamer Packets

Other Beverages: Choose total # of serving per trip

___ Hot Chocolate

___ Lipton Tea Bags

___ Hot Cider

Bread (for lunches requiring bread)

___ Pitas (reccomended, no smooshing)

___ Tortillas (reccomended, no smooshing)

___ Wheat Bread

___ Wheat Bread

Snacks

___ Granola Bars

___ Cookies (Oreos)

___ Trail Mix

___ Raisins

___ Marshmallow/S'mores

Staples (These are packed unless you specify otherwise)

Cooking Oil Salt & Pepper

Dish Soap & Scrubbies Matches

Toilet Paper Garbage Bags

Breakfast

___ First Breakfast **Only** (Second Day)

Fresh Eggs, bacon, hashbrowns, tortillas, juice

___ Northwoods Scrambled eggs, hashbrowns, juice

___ Biscuits & Gravy, hashbrowns, juice

___ Hearty Buttermilk Pancakes, maple Syrup, juice

___ Hearty Blueberry Pancakes, maple Syrup, Juice

___ Hot Oatmeal with fruit, juice

Lunch

___ Trail Mix, beef jerky, juice

___ Tuna & Crackers with Cheese, snack, juice

___ Peanut Butter & Jelly, snack, juice

___ Summer Sausage w/ Cheese & Crackers, snack, juice

___ Salami Sandwiches, snack, juice

___ Hotdogs, buns, ketchup, mustard, snack, juice(**first day only**)

Dinner

___ **First Night Only**

___ USDA Sirloin Steak

___ Boneless Chicken Breast Fillet

With: mashed potatoes, corn, hot apple dessert, juice

___ **Chicken Noodle Casserole** - Delicious white chicken with tasty vegetables in rich gravy over tender noodles, chocolate pudding, juice

___ **Chicken Ala King With Rice**- Savory cream sauce over tender white chicken with veggies and rice for a tasty entree, chocolate pudding, juice

___ **Beef Stroganoff** - Classic recipe tangy sour cream & tender chunks of beef over tender noodles, hot apple cobbler, juice

___ **Beef and Gravy** - Fluffy mashed potatoes and Chunks of smothered in a hearty gravy, vanilla pudding, Juice

___ **Campfire Pizza** - Pitas covered in savory tomato sauce, topped with cheese and pepperoni.

___ **Fresh Fish** (provided you catch the fish)

___ Fish Breading ___ Lemon Juice ___ Tarter Sauce

___ Mash Potatoes ___ Chocolate Pudding

(Select the items you want with your fish dinner)

___ **Spaghetti** - Savory tomato sauce with beef flavored Bits and tender pasta for a filling meal, hot apple

___ **Macaroni & Cheese** - Delicious three cheese sauce over macaroni noodles, vanilla pudding and juice

___ **Chili** - Hearty chili with red beans and beef flavored bits, chocolate pudding, juice

Please email this menu to: info.bwoutfitters@gmail.com and include party name in subject line (ex: Smith Party Menu)